

Visit us at: <http://lancastrer-italian-cultural-society.org>



*The Newsletter of the
Lancaster Italian Cultural Society*



L'Osservatore Lancastriano

President's Message

Ciao Members,

Thank you for electing me president of LICS. I will do my best to continue its success and to suggest improvements to make it even better. My congratulations to the newly elected **Officers**: Frank Provanzo, Vice-President, Helen Ebersole, Secretary and David Ferruzza, Treasurer and **Board of Directors**: George Belforti, Rudy DeLaurentis, Rosemary LaFata, Ann Marie Petrone and John Villella.

At our April 8th Board Meeting, many issues were discussed. A key concern was declining membership and what can be done to reverse it. The most important suggestion was to receive input from the members. So, at the **May 4th Scholarship Meeting**, we will ask you to list any ideas such as events, trips, shows or other activities. Your responses will help LICS develop programs which will be interesting and promote our Italian culture and heritage.

On **May 18th**, we are celebrating the society's **Quindicesimo Anniversario (15th Anniversary)** at the Lancaster Country Club. The evening will include fine food, comedy and dancing. Also, tickets sold for raffle baskets and bids for Silent Auction items will benefit the PA Wounded Warriors. Invite your family and friends to join us for this special event. Please visit the LICS website for more information and to view the invitation.

Wishing you and your families a beautiful spring and a relaxing and safe summer!

Semper Amici,

Charlie Criniti, President

From the Shame of Italy to the Pride of Italy

By: James J Lombardo (references from the Smithsonian Magazine, Feb 2004)

Southern Italy never ceases to amaze me. From the pristine beaches to the scenic mountains, this emerging tourist attraction has it all. One of the most recent “discoveries” can be found in Basilicata, in the province of

Matera. Sometimes known as “Citta Sotterranea”, the Subterranean City, Matera is indeed one of the oldest inhabited cities of the world dating back to the Paleolithic Era. It's a time which traces back 2.6

million years when humans grouped together to form small societies. As with many Italian cities, the Romans founded the city in 3 BC and called it “Matheola”, most probably after a consul of the time, Lucius Caecilius Metellus.

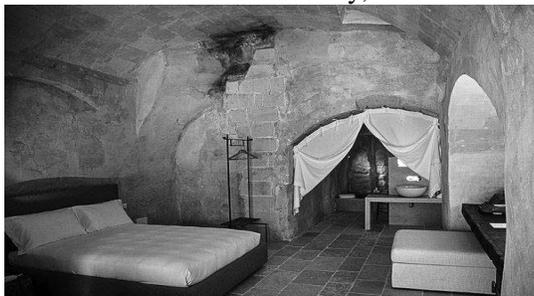


Mostly hidden, Matera was discovered in 1945, thanks to the famed Italian writer, Carlo Levi. Levi was exiled to Basilicata by the Italian Fascist regime. While there, he wrote his famous work, “Christ Stopped at Eboli”, in which he chronicled a forgotten world that was sunk into severe poverty. The title refers to the town of Eboli near Naples, and suggests that Christianity and civilization never reached the deep parts of southern Italy, leaving it pagan, lawless and heavy in superstition. Levi emphasized the “Sassi” (Italian for stones) in Matera, considered to be some of the first human settlements in Italy. It was a place where over 1,500 cave dwellings are dug into the rock itself and

served as a city for peasants and artisans throughout the ages. Many of these “houses” are caverns and the streets often are located on their rooftops.

Once known as “the shame of Italy”, the Sassi became notorious as “la vergogna nazionale”, the disgrace of the nation. By 1950, the population grew to approximately 16,000. After a visit by then Prime Minister Alcide DeGasperi, who became appalled at what he saw, the Italian government decided to relocate the entire population from the Sassi to new housing. This left the Sassi an empty shell in just a few years creating a “city of ghosts”. Some lawmakers suggested the whole district be walled up and forgotten but, instead, neglect ruled and the ancient area became overgrown and a haven for crime, drugs and thieves. Many of those relocated were ashamed of the reputation and denied coming from the Sassi.

Because of the unique atmosphere of the Sassi, filmmakers interested in finding settings relating to ancient Jerusalem and Christianity, love Matera.

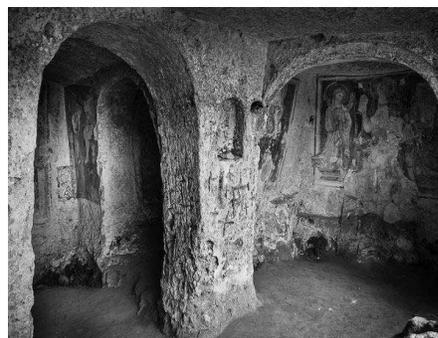


Notable films such as: Mel Gibson’s “The Passion of the Christ” and Bruce Geresford’s “King David” were filmed there. Approximately 20 international films took place in this historic setting.

Beginning in the 1990’s, the Sassi has been re-discovered and is being re-populated by former residents and investors who see advantages in re-occupying and upgrading the existing real estate. Cave rooms have become dining halls, hotels, homes and businesses. Plumbing, electricity, heating and ventilation counter the subterranean humidity. Stonework from the Renaissance, carved stone stairways connecting arches, belfries and rock-hewn churches of Byzantine monks, complete with frescos, highlight the many discoveries. (These are the reasons filmmakers love the Sassi).

Today, you will find cave hotels, cave restaurants, cave cafes, cave galleries and cave clubs. There is an underground swimming pool reminiscent of

ancient Rome. One cave complex is a high tech business with 50 employees. So, if you are looking for an adventure and want to sleep in a room that was occupied over 9,000 years ago, let your adventure take you to Southern Italy and the City of Matera in Basilicata. You can get there by car or rail (nearest rail station is 19 miles) and bus service is available.



This is the sixteenth in a series on: The Regions of Italy: Molise

In Southern Italy, Molise was once a part of a region called Abruzzi e Molise. In 1963, Abruzzo began the process of separating from Molise and, in 1970, two regions were created: Molise and Abruzzo. Molise is the second smallest region in Italy (Aosta Valley is the smallest) and maintains a population of slightly over 300,000 on 1,714 square miles. Molise has only two provinces: Isernia and its capital, Campobasso.



Food processing of pasta, meat, milk products, oil and wine make up an important segment of the economy, otherwise dominated by construction industries. Predominantly small, these firms are not well known outside the area and have difficulty in marketing their products nationally.

In 2002, after a serious earthquake, the regional government made money available to home owners willing to re-build their damaged homes with more earthquake resistant construction methods. Today, visitors can see the results of this policy in Termoli, which was re-built into a most beautiful town with its homes and structures re-constructed after careful historical research. The area has become a tourist attraction with a glimpse into the past, complete with a historical “centro storico” (antique center).

The population of Molise reached a high of 407,000 in 1951, but has declined until around 2001 when it began to stabilize. After the earthquake and the rebuilding policy, the population settled at about 319,000.

Some say Molise is still undiscovered, but European tourists are beginning to change that perception. Its forests, lakes and parks make a delightful playground for tourists looking for relaxation and, of course, the famous Italian culinary experiences. Those seeking history should visit Isernia. In 1978, while building a road to Vasto, the oldest and most extensive Paleolithic settlement in Europe was discovered. Dating about 900 thousand years, it covers 320,000 square feet and history buffs can walk on suspended sidewalks to view over 20,000 artifacts.

Typical of Southern Italian food, soppersatta and prosciutto are enjoyed with polenta. Main dishes include: Brodosini, calcioni di ricotta, gnocchi and a variety of pasta dishes and soups in addition to other meats, fish and tasty desserts.

Perhaps on your next trip to Italy, you can make time to visit this intriguing area for a quiet experience in a small “undiscovered” part of the country.

AT LAST, A WINE FOR PEOPLE TO ENJOY WITHOUT HEADACHES OR MIGRAINES

It is true that three out of every ten people, especially women, suffer from migraine headaches resulting from red wines. Tests done in Norway by the Norwegian Migraine Association indicate that 78 percent of a test group normally got headaches categorized as light, moderate or heavy with red wine being blamed as the trigger. The majority of those suffering headaches are women.

There could be an answer and it could be found right here in Lancaster, PA. Bacco Wines and Spirits, LLC, a local wine importing business operated by Gesino Sgro, discovered an organization started in 2004 which identifies and tests wine for headache producing risks. MigrainePolice.com, created in 2004, will conduct such a test and will certify the wine as one containing all the flavor but none of the headache

producing risks. This company, based in Norway, visited wine producers, laboratories, vineyards and wine shops and held lengthy discussions with sommeliers and oenologists (experts on wines) and developed a process to identify headache free red wines.

In 2011, Sebastiano Ramello, an Italian wine expert and international consultant from the Piedmont region of Italy, joined the organization and helped the wine producer Veglio Michellini & Figlio harvest the very first MigrainePolice.com approved wine in 2012. The production process was carefully conducted with extreme care for hygiene and purity. The year long process resulted in a low histamine and low tannins wine produced from grapes harvested on land, treated only with natural fertilizers and stored in meticulously cleaned steel barrels. Thus the first two wines to bear the MigrainePolice.com seal of approval are: Barbera d'Alba and Dolcetto d'Alba, both produced by Veglio Michellini & Figlio 2012. These two wines are available on the market and are imported exclusively by Bacco Wines and Spirits, LLC in Lancaster, PA.

The sole purpose of MigrainePolice.com is to make good red wine available to those who presently cannot enjoy it for fear of a headache or migraine. These consumers can now take pleasure in the benefits of red wine without consequence due to the work and testing of MigrainePolice.com. Only MigrainePolice.com certified wines will display the logo shown in this article.



As the listing of approved wines grows, so will the market for those who are presently unable to enjoy the good red wines of the world.

NOTICE

**TO OBTAIN MEMBERSHIP
INFORMATION OR APPLICATION
FORM, PLEASE CONTACT:
ANITA BOMBERGER @ 569-2724**

Benvenuto!

Welcome New Members:

Madeline Ciervo

Mike & Marcie Brody & Family

Richard & Denise Bunting

Glenn & Jolene Deets

Marianne & Victoria Fracica

Allen & Theresa Graybill

Richard & Terri Musser

Marianna Periandi

Alessandra Russo

Ted & Rosaland Wierzbicky

Get Well:

Frank DiCola

Ann DeLaurentis

Bravo:

Abigail and Aliza Johns each received the “Silver Award” which is the highest achievement a Cadette Girl Scout can earn. They are the granddaughters of **Eileen Johns**.

Antonio Cerase was elected Vice-President of the Lancaster Chapter of the Military Officers Association of America. **Enedina Cerase** will serve on the board of directors.

Lancaster Catholic Senior Stephen Loiseau won the gold medal in wrestling at the PIAA State Tournament. He was also named to the Lancaster-Lebanon League’s “All Stars” as Co- Wrestler of the Year by Lancaster Newspapers. Stephen is the grandson of **Lou and Joyce Loiseau**.

Francesca Mica Genoese was named to the dean’s list at James Madison University, where she is majoring in athletic training. She is the daughter of **Francesco and Mary Ellen Glah Genoese**.

Daniel Patrick Guerra was named to the dean’s list at California University of Pennsylvania, where his major is sports management and a minor in business. His parents are **James and Kathleen Guerra**.

Congratulations to:

Jonathan Anthony Miller and Alyssa Marie Peterson were married on December 6, 2013. Jonathan is the son of **Valerie Faiola**.

Eric Dillio and Arianna Walker were married on August 25, 2013. Eric is the grandson of **Clara Dillio**.

Andrea Marie Handwerk and Timothy Donald Hoover were united in marriage on April 12, 2014. Andrea’s parents are **Sylvia and Earl Handwerk**.

Luke Dunn and Megan Marie Beiler were wed on April 27, 2014. Luke is the grandson of **Maria Galanti**.

Condolences to:

Suzanne Valentino and Family on the passing of her father, **John Valentino**.

Helen and Franklyn Gross on the passing of her brother, Rev. Joseph Hilbert.

Patricia Coller and Family on the passing of her former husband, Richard Coller.

James and Eileen Beccone on the passing of her father, Dr. Abram Foster.

Mark and Scott Lennon on the passing of their mother, **Maria Lennon**.

Our society is saddened by the loss of longtime member, Mary Lennon. For 15 years, she was the LICS Historian and was also responsible for the inventory and sales of our merchandise.

Mary’s dedication and willingness to volunteer is greatly appreciated. Her presence at our events will be missed. Thank you, Mary, for a job well done!



**2014
CALENDAR FOR MEETINGS AND EVENTS
(Subject to Change)**

Sunday, May 4th	LICS Scholarship Awards	Liederkrantz
Sunday, May 18th	LICS 15th Anniversary	Lancaster Country Club
Friday, June 6th	Dance Under the Stars	Liederkrantz Pavilion
Sunday, June 15th	Multi Cultural Fest	Liederkrantz Pavilion
Sunday, September 21st	LICS Annual Picnic	Liederkrantz Pavilion
Saturday, October 18th	LICS Annual Spaghetti Dinner Fundraiser	St. John Neumann Church
Sunday, November 9th	LICS General Meeting	Liederkrantz
Sunday, December 14th	LICS Christmas Party	Eden Resort

BOARD OF DIRECTORS' MEETINGS--TUESDAYS, 6:30 PM AT ST. JOHN NEUMANN
June 10
August 12
October 14
December 9

FARE LE COSE AL VOLO... FROM THE ITALIAN NOTEBOOK

Italy is certainly known for *fare le cose con calma* (doing things slowly) as they say. *Fare le cose al volo* however, (literally, doing things on the fly) is just as much a part of the culture.

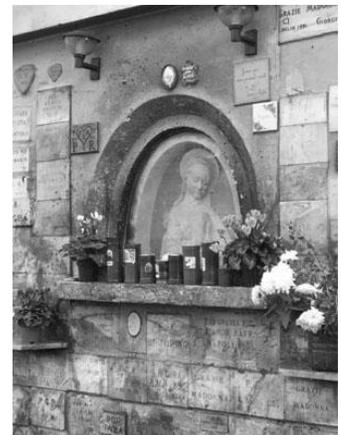
For example, *prendere un caffè*?... We've already mentioned sitting and watching the world go by vs. standing and drinking it in two seconds flat. The former is for the weekend, while the latter is the norm on any workday. Just as important, mind you... but *al volo*.

And how about Italian "fast-food"? *Supplì, arancini, panelle, pizza al taglio*... No less delicious than the "slower" weekend or evening meals fortunately, but pretty much the rule for lunch during the week... *al volo* as one says.

Now, while it is certainly a stretch to put *Madonnelle* (the lovely small images of Madonnas

ubiquitous throughout the streets of any Italian city) in the same category, might it make sense to think of them in the same way?

Notice how people will briefly slow down to cross themselves while rushing by on foot, or will stop for a minute or two praying *sottovoce* to their most favorite *madonnella* between errands. With all due affection and respect, you can think of them as less formal, more intimate, ways to ask for intercession and to pray. While no less important than the even more austere churches, attended for longer on weekends, maybe here in faith's case too, you might say that it's a case of doing things... *al volo*?



Caesar's Julian Calendar

Contributed to the Italian Notebook by Madeline Houpt - Junior year abroad student in Rome.

Way, way back, when dinosaurs roamed the earth, Romans celebrated the New Year on March 1st. Okay, obviously not that far back in time, but 2059 years ago is pretty close, if you ask me.

The Roman calendar was first introduced in the seventh century B.C. The system attempted to follow the lunar cycle, but had to be changed a lot because it fell out of sync with the seasons due to leap years. The people were in charge of running the calendar, and this caused problems as well, because some modified the calendar to their benefit as far as elections or "extended" seasons were concerned.

When Caesar came to power, he decided that the calendar system needed a makeover. Astronomer Sosigenes was enlisted to the task, who suggested switching to the solar year, like the Egyptians.

Due to a mathematical miscalculation however, the calendar that Caesar put into effect is not the calendar that we know today. The church became aware of the inaccuracy in the 1500's and corrected the error, giving us the Gregorian calendar that we know today.

This fact and many other Ancient Roman tidbits can be found in "A Walk With the Emperors: A Historic and Literary Tour of Ancient Rome".

Lancaster Italian Cultural Society Officers

President - Charles Criniti

Phone: 898-0857 JSBCriniti@aol.com

Vice President - Frank Provanzo

Phone: 898-2503 jscotbuild@aol.com

Treasurer- David Ferruzza

Phone: 569-6909 ferruzzad@etown.edu

Secretary - Helen Ebersole

Phone: 393-3663 helenno5@aol.com

Newsletter Committee

James J. Lombardo, Editor

Ann Marie Petrone

Karen J. Lombardo

Board Members

George Belforti

Makila Carello

Rudy DeLaurentis

Stephanie DiCola

Enrica Gerhart

Rosemary LaFata

Ann Marie Petrone

John Villella

Past President

Jeannie Hubbs

Webmaster

Lee Gerhart

The Society would like to thank all members who renewed their 2014 membership. Any organization is only as good as its members and we are certainly fortunate to have the wonderful members who make up our Lancaster Italian Cultural Society. We hope to see you at our upcoming events and encourage you to take an active role in Society matters. Contact any officer listed above if you are interested in becoming more active in the Society.

CARNEVALE 2014



Carnevale 2014 was a wonderful night of good music, fine food, dancing and fellowship among friends and family. We paid our respects to noted famous Italians who have brought much entertainment, art and great accomplishments to our world. We donated over \$600.00 to Mom's House of Lancaster, our charity for the evening. Many folks enjoyed winning raffle prizes and our traditional 50/50 which turned into a 33/33/33 !

The Monaldi Brothers Band from Baltimore provided great music for dancing and listening. We received many compliments on their performance.

Judy and I want to thank everyone for their support and interest in Carnevale for the past three years that we have chaired. It has been both an honor and a privilege to host this very traditional Italian cultural event. It is now time to turn this honor over to a new chairperson(s).

Thank you to all who helped make this year's Carnevale such a successful evening.

Nick & Judy Siviglia



SOCIETY ANNOUNCES ANNUAL ART AWARDS

The LICS provides annual awards to deserving artists in area high schools. The awards are named in honor of Leonardo Da Vinci and Michelangelo. The winning entries (and honorable mentions) are below.



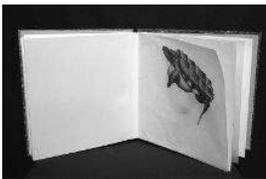
Dirty Boy - Michelangelo Award
by Karl Bach of Warwick High School



Untitled - Da Vinci Award
by Shanel Ledesma of Lancaster Catholic High School



Life is an Open Door - Excellence Award
by Theresa Gartland of Solanco High School



Turtle Developments - Excellence Award
by Donelle Keepert of Solanco High School

SUPPORT OUR SPONSORS

PLACE YOUR AD HERE BY CALLING : ROSEMARY LA FATA
569-5200

Justin L. Cappiello, M.D., P.C.
Eye Physician & Surgeon
Justin L. Cappiello, M.D., F.A.C.S.

324 North Duke Street Phone: 717-394-6808
Lancaster, PA 17602 Fax: 717-299-4133



RE/MAX
Associates Of Lancaster
Don Spica
REALTOR®
500 Delp Road
Lancaster, PA 17601
Office: (717) 569-2222
Cell: (717) 575-4603
www.donspica.com
donspica@gmail.com

CRS
IR
ABR

Each Office Independently Owned and Operated

HOT Z PIZZA
Restaurant & Lounge

3001 Harrisburg Pike Landisville PH: 898-3889 FAX: 898-3668
4031 Columbia Ave. Columbia PH: 684-6000 FAX: 684-6200

www.hotpizza.com

M&T Bank
Understanding what's important®

8th Ward Beneficial Assoc.



WILEY'S PHARMACY

898-8804

903 NISSLEY ROAD, LANCASTER, PA 17601

HOURS: Monday-Friday 9:00 am - 7:00 pm
Saturday 9:00 am - 2:00 pm
24 Hour EMERGENCY Prescription Service



Barbush Rentals, Inc.

Harrisburg Intl Airport (717) 948-3727
Altoona (814) 943-2349
Bellefonte (814) 353-1896
Lancaster Airport (717) 569-3185
Lancaster City (717) 394-3963
Mechanicsburg (717) 697-4321
State College Airport (814) 237-9750

We DELIGHT Shoppers
of Kissel Hill.

Great selection. Friendly people.
Outstanding service.
Just-down-the-street convenience.
And, of course, money-saving specials.

Stop in and
Experience the Stauffers Advantage
in our Supermarkets & Garden Centers.

Connect with Us
www.skh.com

Rohrerstown 301 Rohrerstown Rd. 397-4717
Lititz 1050 Lititz Pike 627-7654
Lancaster 1850 Oregon Pike 569-2688



Frank
Tripoli
Owner

1657 Old Philadelphia Pike
Lancaster, PA 17602
pasqualespa.com
Phone: 717 509-9921
Fax: 717 509-9979

Trusted continuously for three generations
www.snyderfuneralhome.com

Charles F. SNYDER
FUNERAL HOME & CREMATORY, Inc.

414 East King St. Lancaster, PA 17602 717-393-9661
Charles F. (Chip) Snyder, Jr. Supervisor

441 N. George St. Millersville, PA 17551 717-872-5041
Mark D. Burkholder Supervisor

3110 Lititz Pk. Lititz, PA 17543 717-560-5100/627-8668
Charles F. (Chad) Snyder III Supervisor

SUPPORT OUR SPONSORS

PLACE YOUR AD HERE BY CALLING : ROSEMARY LA FATA
569-5200

BENECON
Benefit Administrators & Consultants

Fulton Bank
LISTENING IS JUST THE BEGINNING.™

Healthy Teeth and Gums
CARE TO SHARE



G.J. PALMIERI, D.D.S.
AND ASSOCIATES, LLC.

456 Chestnut Street
Columbia, PA 17512

816 Estelle Drive
Lancaster, PA 17601

717-684-2371

717-898-2228

MOUNT JOY WIRE
CORPORATION

"You are never far from our wire"

1000 E. Main Street
Mount Joy, PA 17552

717-653-1461 Ext. 224

Fax: 717-653-0221

Cell: 717-475-6101

TDuff@mjwire.com

www.mjwire.com

ISO 9001 Registered

Tom R. Duff
Chief Executive Officer



ROSEMARY LA FATA

REALTOR®, RRC, CMRS

Charles & ASSOCIATES
REAL ESTATE, Inc.

241 A Rohrerstown Rd • Lancaster, PA 17603

(717) 299-2100

(717) 299-0988 Fax

(717) 575-4254 Cell

rosemarylafata@comcast.net

www.charles-associates.com



"See the Best"

**Lancaster Contact Lens &
Lancaster Opticians**

NICK SIVIGLIA, Ph.D., SC.D.

President - CEO

DOMINIC FERRANTE, ABOC

Manager, Optical Dept.

700 EDEN ROAD • LANCASTER, PA 17601 • (717) 569-3244

Mon - Fri 8:30 - 5:00 • Tue 8:30 - 6:00 • Saturdays by Appointment

Lombardo's

*Italian-American
Restaurant
Since 1946*

*Your Hosts
Dave, Paul, Mike
Lombardo*

216 Harrisburg Ave.
Lancaster, PA 17603

Phone: 394-3749

Fax: 394-7179

www.lombardosrestaurant.com



Delgiorno

DELGIORNO'S
Italian Specialties

Lancaster Central Market

717-569-4435

**Catering Trays, Olives, Meats,
Cheeses, & Lunch
Available on Market Days**

SUPPORT OUR SPONSORS

PLACE YOUR AD HERE BY CALLING : ROSEMARY LA FATA
569-5200



CONESTOGA VIEW
Nursing & Rehabilitation

Kendra Nealon
Admissions Coordinator

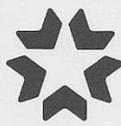
knealon@ltemail.com *email*
717.299.7880 *direct*
717.299.7828 *fax*

900 East King Street * Lancaster PA 17602
www.conestogaviewnursing.com



Jay Provanzo

3115 Nolt Road | Suite 700
Lancaster, PA 17601
Phone 717.898.7973
Fax 717.898.7976
Jay@heartlandbuilderspa.com
www.heartlandbuilderspa.com



LANCASTER MORTGAGE COMPANY

Paul Fazzini | Vice President
NMLS# 355381
Office: 717-560-2114
Direct: 717-344-5802
Fax: 717-560-2267
pfazzini@lancastermtg.com

1794 Oregon Pike
Lancaster, PA 17601

Licensed by the PA Dept. of Banking. NMLS #836585

EXPERT WATCH & JEWELRY REPAIR



Vincent Spadea, Owner

Vincent & Company
FINE JEWELERS

Lancaster Shopping Center
299-GEMS (4367)



Sardina Dental Group
General and Cosmetic Dentistry
Thomas J. Sardina, D.M.D.

Phone: (717) 898-7221 Fax: (717) 898-7357
www.sardinadental.com

405 Main Street Landisville, PA 17538

PYFER REESE STRAUB GRAY & FARHAT PC

Sandra Edwards Gray - Attorney
sgray@pyferreese.com



128 North Lime Street
Lancaster, PA 17602
Tel: 717.299.7342

2801 Willow Street Pike
Willow Street, PA 17584
Tel: 717.464.5900

www.pyferreese.com



Russo
Gourmet Market Foods

1150 Bern Road
Wyomissing, PA 19610 U.S.A.
Tel: 610.898.1918
Fax: 610.898.7876
Mon.-Fri. 9-6 • Sat. 9-5
www.russofoodmarket.com



Lancaster Italian Cultural Society
342 N. Duke St.
Lancaster, PA 17602

Address Service Requested

PRSR STD
US POSTAGE
PAID
LANCASTER, PA
PERMIT 1194



Join us on Sunday, May 18, 2014 at the Lancaster Country Club.

Call Ann Marie Petrone at 393-8271 for details.